

COVID-19 Flowchart for Parents

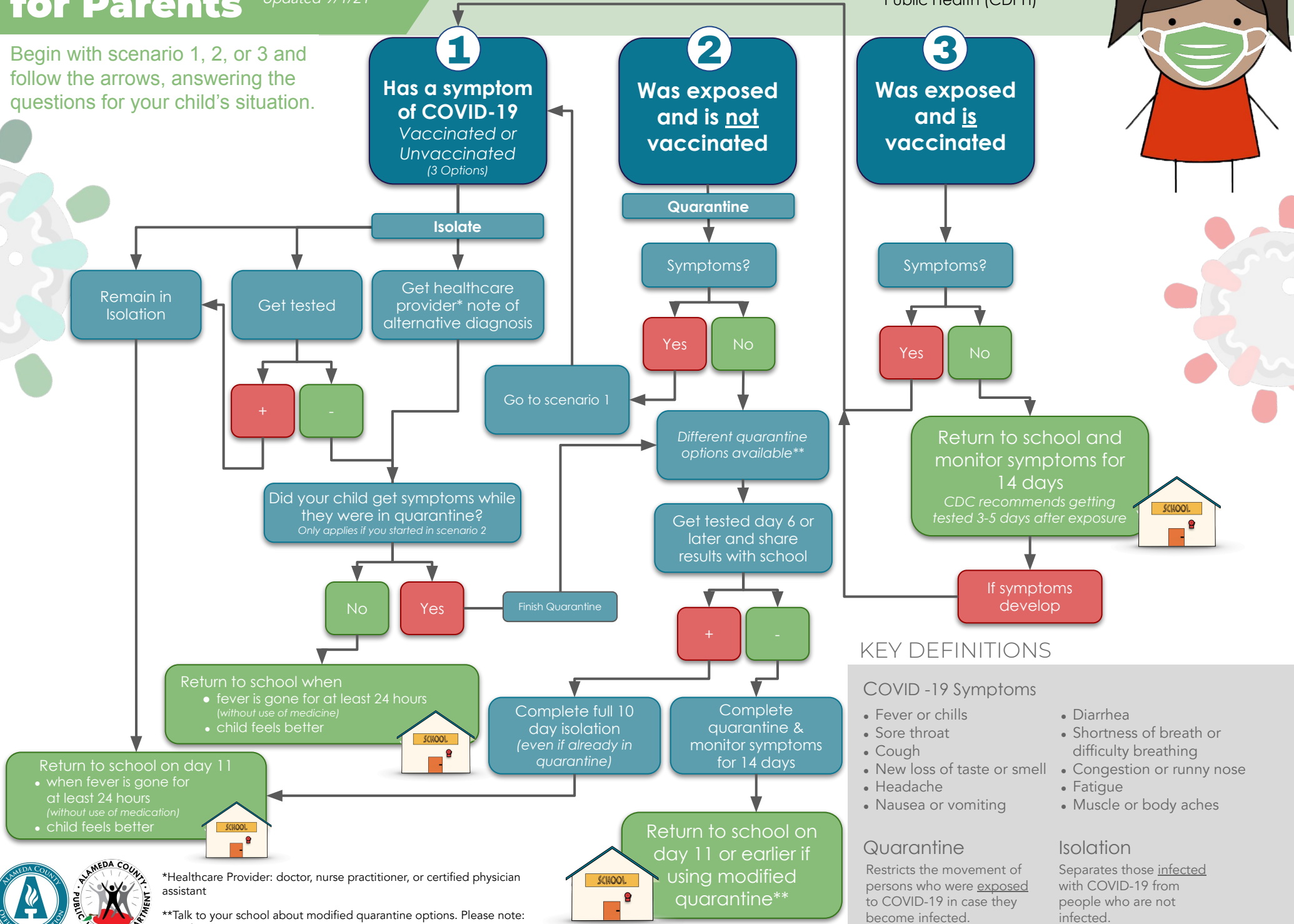
Updated 9/1/21

MY CHILD...

These protocols are based on guidance provided by California Department of Public Health (CDPH)



Begin with scenario 1, 2, or 3 and follow the arrows, answering the questions for your child's situation.



Return to school on day 11

- when fever is gone for at least 24 hours (without use of medication)
- child feels better

Return to school when

- fever is gone for at least 24 hours (without use of medicine)
- child feels better

Complete full 10 day isolation (even if already in quarantine)

Complete quarantine & monitor symptoms for 14 days

Return to school on day 11 or earlier if using modified quarantine**

KEY DEFINITIONS

COVID -19 Symptoms

- Fever or chills
- Sore throat
- Cough
- New loss of taste or smell
- Headache
- Nausea or vomiting
- Diarrhea
- Shortness of breath or difficulty breathing
- Congestion or runny nose
- Fatigue
- Muscle or body aches

Quarantine

Restricts the movement of persons who were exposed to COVID-19 in case they become infected.

Isolation

Separates those infected with COVID-19 from people who are not infected.

*Healthcare Provider: doctor, nurse practitioner, or certified physician assistant

**Talk to your school about modified quarantine options. Please note: modified quarantine only applies to school and not extracurriculars or sports

